



What is an Advance Statement on Life-Sustaining Treatment?

An Advance Statement on Life-Sustaining Treatment means a written statement(including a statement in electronic form) prepared by a person aged at least 19 on his or her own determination to terminate, etc. life-sustaining treatment and to use hospice care.



What is a Life-Sustaining Treatment Plan?

It is a document in which a terminal patient or a patient in the process of dying clearly states their decisions regarding withholding or withdrawal of life-sustaining treatment.

It can be prepared together with the attending physician at a medical institution where an Institutional Ethics Committee is established and registered.

You can search for medical institutions with an established Institutional Ethics Committee by scanning the QR code on the right or by visiting the National Agency for Management of Life-Sustaining Treatment website (www.lst.go.kr).



Scan to Search for Medical Institutions

The Act on Decisions on Life-Sustaining Treatment, which has been in effect since February 4, 2018,

legally guarantees an individual's decisions regarding the withdrawal or withholding of end-of-life care if stated in advance, thereby supporting a dignified end of life.

Now, you can state your wishes regarding life-sustaining treatment in advance.

And when you become a patient in the process of dying, those wishes will be legally respected.

Have questions about the Life-Sustaining Treatment Decision System?

☎ 1855-0075, (Toll-Free) 1422-25

💻 www.lst.go.kr

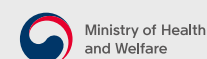
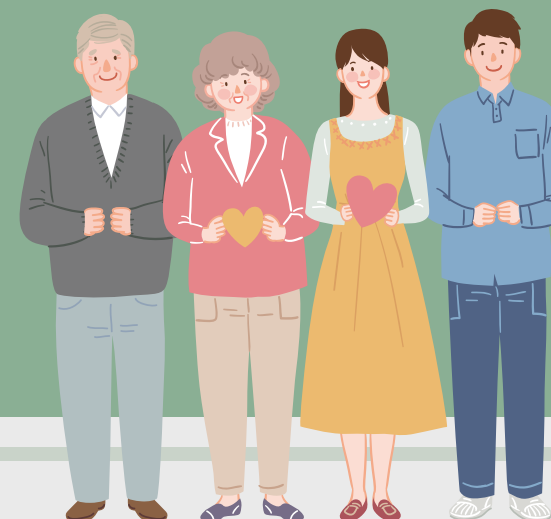


“We respect your choices at the final moments of life.”

Life-Sustaining Treatment Decision System

Preparing an Advance Statement on Life-Sustaining Treatment

“We respect your choices at the final moments of life.”



What is the Life-Sustaining Treatment Decision System?

Pursuant to the Act on Decisions on Life-Sustaining Treatment (effective as of February 4, 2018), this system respects the wishes of patients in the end-of-life process, **allowing them to withhold (not initiating) or withdraw (stopping) medical procedures that merely prolong life without any therapeutic effect.**

However, even when making and implementing decisions to withhold or withdraw life-sustaining treatment, the medical care for pain relief and simple provision of nutrients, water, and oxygen shall be provided without ceasing.



What is the National Agency for Management of Life-Sustaining Treatment?

The National Agency for Management of Life-Sustaining Treatment performs the duty of properly managing matters concerning life-sustaining treatment, decisions to withhold or withdraw such treatment, and the implementation of those decisions.

• Preparing an Advance Statement on Life-Sustaining Treatment •



If you wish to prepare an Advance Statement on Life-Sustaining Treatment, **you must visit in person a registration agency** designated by **the Ministry of Health and Welfare**.

You can search for designated registration agencies by scanning the QR code on the right or by visiting the National Agency for Management of Life-Sustaining Treatment website (www.lst.go.kr).



Scan to Search for Registration Agencies



Visit

Please visit in person a registration agency designated by the Ministry of Health and Welfare, bringing a valid ID (such as a Resident Registration Card, Driver's License, or Passport).



Consultation

One-on-One Counseling with a Counselor at the Registration Agency



Fill out

Fill out the Advance Statement on Life-Sustaining Treatment after fully understanding its contents.



Registration and Storage

Registered and stored in the database of the Life-Sustaining Treatment Information Processing System to be recognized with legal effect.

Advance Statement on Life-Sustaining Treatment Registration Card

Name Healthy Kim(Nov. 29, 1959)
Registration Number R23-56789
Registration Date October 5, 2023



"We respect your choices at the final moments of life."
The Advance Statement on Life-Sustaining Treatment you prepared has been registered with the National Agency for Management of Life-Sustaining Treatment (www.lst.go.kr).

Establishment of an Institutional Ethics Committee
QR Code for Searching Healthcare Institutions

Inquiry 1865-0075
Toll-Free 1422-25

If you apply for a registration certificate when completing your Advance Statement on Life-Sustaining Treatment, the certificate will be issued and sent by mail.

• Explanatory Notes on Preparing the Advance Statement on Life-Sustaining Treatment •

Life-Sustaining Treatment Options and Decisions to Withhold or Withdraw Treatment

- When a person becomes a patient in the process of dying, **life-sustaining medical procedures** that only prolong the dying process—such as cardiopulmonary resuscitation (CPR), hemodialysis, chemotherapy, use of mechanical ventilation, extracorporeal membrane oxygenation (ECMO), blood transfusions, and vasopressor medications—may be **withheld** (not initiated) or **withdrawn** (discontinued after initiation).

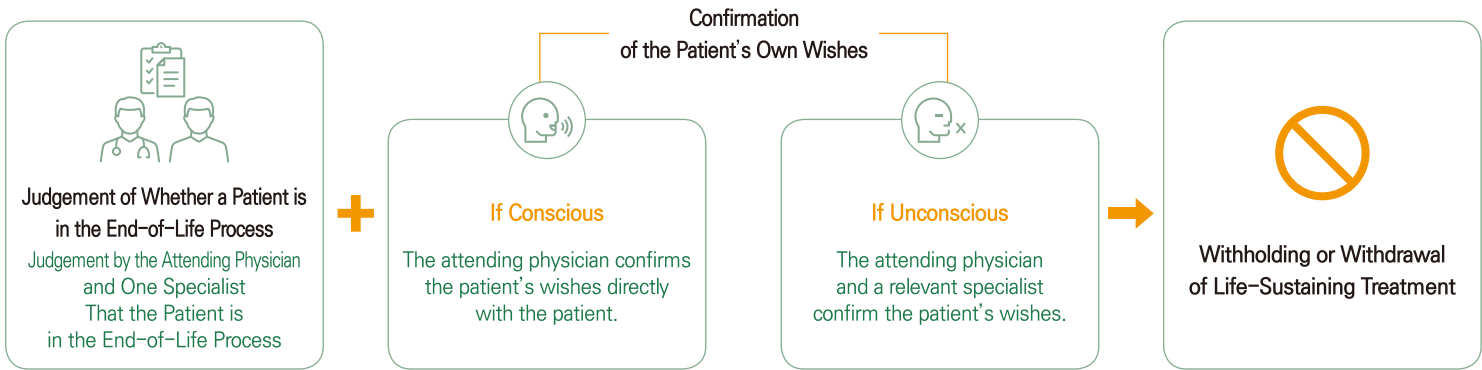
Selection and Utilization of Hospice Care

- When completing the Advance Statement, you can state your preferences for using hospice care in advance.

What is Hospice Care?

This medical service aims to provide a comprehensive evaluation and treatment across physical, psychosocial, and spiritual domains, including the relief of pain and symptoms, for hospice patients and their family

The legal effect of the Advance Statement on Life-Sustaining Treatment.



- An Advance Statement on Life-Sustaining Treatment prepared under the law becomes legally effective when a patient enters the end-of-life stage, after being confirmed by the attending physician and a specialist in the corresponding field.
- Even if an Advance Statement on Life-Sustaining Treatment has been registered, treatment must still be administered if it is deemed medically beneficial and effective based on the patient's current condition.

Completion, Registration, Retention, and Notification of the Advance Statement on Life-Sustaining Treatment

- The completed Advance Statement on Life-Sustaining treatment will be registered in the Life-Sustaining Treatment Information Processing System and managed by the **National Agency for Management of Life-Sustaining Treatment**.
 - They can be viewed by directly visiting a registration agency, through the National Agency for Management of Life-Sustaining Treatment website, or at a medical institution with an Institutional Ethics Committee.

Closure or Suspension of Registration Agencies

- If a registration agency closes or suspends operations for more than one month, all records related to Advance Statement on Life-Sustaining Treatment are transferred to the **National Agency for Management of Life-Sustaining Treatment**.
 - However, in cases of temporary suspension, the agency may directly retain the related records at its discretion.

Changes and Revocation

- An Advance Statement on Life-Sustaining Treatment may be changed or revoked at any time after completion.
 - Advance Statements may be revoked both online and in person.

Family Access

- If you consent to **family access** when completing your Advance Statement, your family members can apply to view it on the official website of the National Agency for Management of Life-Sustaining Treatment.

• Life-Sustaining Treatments That May Be Withheld or Withdrawn •



Cardiopulmonary Resuscitation (CPR)

An emergency procedure that supplies blood to the heart and brain by performing chest compressions and rescue breaths during cardiac arrest

Side Effects Chest compressions can cause rib fractures, hemothorax, and pneumothorax, while endotracheal intubation may lead to tooth loss and vocal cord damage.



Hemodialysis

A medical procedure that utilizes a specialized device to filter and eliminate waste from the blood for patients suffering from end-stage kidney failure.

Side Effects Possible complications include vascular trauma, bleeding, and infection caused by catheter insertion, as well as bleeding risks associated with anticoagulant use.



Anti-Cancer Drugs (Chemotherapy)

A medical procedure that uses drugs to shrink, inhibit, or eliminate cancer.

Side Effects Chemotherapy drugs may damage normal cells, which can lead to side effects such as stomach upsets (gastrointestinal issues) and hair loss.



Mechanical Ventilation

A method of artificially assisting breathing for patients with respiratory failure who cannot breathe normally on their own.

Side Effects Endotracheal intubation or tracheostomy can potentially cause tooth and airway injuries, esophageal perforation, subcutaneous emphysema, and bleeding.



Extracorporeal Membrane Oxygenation (ECMO)

A treatment that helps maintain cardiopulmonary function through extracorporeal circulation in cases of severe respiratory or circulatory failure, and a method of maintaining artificial circulation using an extracorporeal life support device for cardiac arrest patients whose spontaneous circulation is not restored despite conventional advanced life support.

Side Effects Possible complications include bleeding, blood clotting disorders, lack of blood supply (ischemia) caused by the catheter tube, air bubbles in blood vessels (air embolism), and blood clots (thromboembolism).



Blood Transfusion

A blood transfusion is a procedure in which blood is administered by inserting an intravenous (IV) line into a vein. This treatment may be necessary when the body cannot produce a portion of its blood, when blood cells fail to function properly, or when a significant amount of blood has been lost.

Side Effects Potential complications include mild fever, skin rashes, and fluid overload. Additionally, other serious issues may occur, such as hemolytic transfusion reactions due to incompatible blood, allergic reactions, acute lung injury, and infections.



Vasopressor Medications

Vasopressors are vasoactive medications designed to artificially raise blood pressure through vasoconstriction during shock, severe low blood pressure, heart attacks, or heart failure.

Side Effects Continuous administration of vasopressors can potentially induce complications such as gangrene of the extremities.



Other

Any other medical procedures that the attending physician medically determines necessary to withhold or withdraw in order to ensure the patient's best interests.